



THE FOURTH SUNDAY AFTER PENTECOST

The Holy Eucharist
June 21, 2026 - 10 a.m.

Welcome! We're so glad to have you joining us for worship today.

ST. MARK'S
EPISCOPAL
CHURCH
PALO ALTO

Welcome to Saint Mark's

We are a community dedicated to deepening our relationship with God and embodying the Spirit of Christ through faithful expressions of love, service, compassion, and justice.

All are welcome to join in worship. Assistive listening devices are available—please ask a greeter for more information.

*Newcomers and visitors are encouraged to fill in a Welcome Card or sign the visitor book, which will be on the welcome table. Please see instructions for receiving Communion on p. 17. **All who seek to draw near to Christ are invited.** Music permissions: OneLicense.net A-714107.*

***Today we are delighted to welcome Christina Alvarez,** Canon for Social Ministries for the Diocese of California and Executive Director of Episcopal Impact Fund.*

PRELUDE We now pray the Holy Ghost

Dieterich Buxtehude (1637-1707)

THE WORD OF GOD *Please stand in body or spirit.*

OPENING HYMN 679 Surely it is God who saves me THOMAS MERTON



1 Sure - ly it is God — who saves me; I shall trust and shall not
2 Make these deeds known to the peo - ples; tell out God's ex - alt - ed



fear. For the Lord de - fends and shields me and God's sav - ing
Name. Praise the Lord, who has done great things; all God's works that



help is near. So re - joice as you draw wa - ter from sal -
might pro - claim. Zi - on, lift your voice in sing - ing; for with



va - tion's liv - ing spring; in the day of your de -
you has come to dwell, in your ve - ry midst, the



liv - erance thank the Lord, God's mer - cies sing.
great and Ho - ly One of Is - ra - el.

OPENING ACCLAMATION

Blessed be the one, holy, and living God.

Glory to God for ever and ever.

Please join in saying the Collect for Purity:

**Almighty God, to you all hearts are open, all desires known,
and from you no secrets are hid: Cleanse the thoughts of our
hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy Name;
through Christ our Lord. Amen.**

GLORIA IN EXCELSIS

RATISBON

1. Glo - ry to our bound-less God, who has pro - mised
 2. Let un - ceas - ing praise and prayer come to you, Lord
 3. For in you a - lone we find God's true ho - li -

peace on earth. God the Fa - ther, glo - rious, strong,
 Je - sus Christ, Son of God, in - car - nate Love,
 ness re - vealed: you a - lone we claim as Lord,

hea - ven's Sove - reign, Lord of all: wor - ship, thanks, and
 Lamb who takes our sin a - way. Ri - sen and ex -
 Je - sus Christ, through whom we see God's own full - ness

praise we give when your glo - ry we re - call.
 al - ted Lord, hear with mer - cy when we pray.
 ma - ni - fest in the Ho - ly Tri - ni - ty.

The Gloria in excelsis is an ancient song of praise traditionally sung at masses on Sundays and major feasts. This paraphrase is by Carl Daw (b. 1944)

THE COLLECT OF THE DAY

God be with you.

And also with you.

Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

Please be seated.

A READING FROM THE BOOK OF JEREMIAH

O Lord, you have enticed me,
and I was enticed;

you have overpowered me,
and you have prevailed.

I have become a laughingstock all day long;
everyone mocks me.

For whenever I speak, I must cry out,
I must shout, "Violence and destruction!"

For the word of the Lord has become for me
a reproach and derision all day long.

If I say, "I will not mention him,
or speak any more in his name,"
then within me there is something like a burning fire
shut up in my bones;

I am weary with holding it in,
and I cannot.

For I hear many whispering:
"Terror is all around!

Denounce him! Let us denounce him!"

All my close friends
are watching for me to stumble.

"Perhaps he can be enticed,
and we can prevail against him,
and take our revenge on him."

The Collect of the Day thematically gathers our prayers and readings for the day.

This passage is from the prophet Jeremiah [20:7-13], who ministered at the time of the Babylonian defeat of Jerusalem in 586 BC.

But the Lord is with me like a dread warrior;
therefore my persecutors will stumble,
and they will not prevail.

They will be greatly shamed,
for they will not succeed.

Their eternal dishonor
will never be forgotten.

O Lord of hosts, you test the righteous,
you see the heart and the mind;
let me see your retribution upon them,
for to you I have committed my cause.

Sing to the Lord;
praise the Lord!

For he has delivered the life of the needy
from the hands of evildoers.

Hear what the Spirit is saying to God's people.

Thanks be to God.

PSALM 69: 8-11, 18-20

arr. after Martin Luther (1483-1546)



Surely for your sake have I / suffered . re-/proach, *
and / shame has / covered . my / face.

I have become a / stranger to . my own / kindred, *
an / outcast . to my / mother's / children.

Zeal for your house has / eaten . me / up; *
the scorn of those who / scorn you . has / fallen . up-/on me.

I humbled my-/self with / fasting, *
but that was / turned to / my re-/proach.

The Psalm is sung to Anglican Chant. The / marks in the text correspond to the bar lines in the music, and periods or hyphens (where necessary) indicate a change of chord. The diacritical "·" indicates two chords to one syllable, while ✓ signifies an extra breath within the half-verse. You are welcome to sing in unison or harmony.



Answer / me, O / God, *
for your / love is / very / kind;
In your great com-/passion, / turn to me.
Hide / not your / face from . your / servant;
Be / swift and / answer me,
for / I am / in dis-/tress.
Draw near to / me and . re-/deem me; *
because of my / ene-/mies de-/liver me.”

A READING FROM THE LETTER OF PAUL TO THE ROMANS

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.


For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Hear what the Spirit is saying to God’s people.


Thanks be to God.

Today’s epistle (letter) is from that written by Paul to the church in Rome [6:1b-11].


Please stand in body or spirit.




We know that Christ is raised and dies no more. _____
 We share by wa - ter in his sav - ing death. _____
 The Fa - ther's splen - dor clothes the Son with life. _____
 A new cre - a - tion comes to life and grows _____



Em - braced by death he broke its fear - ful hold; _____
 Re - born we share with him an Eas - ter life _____
 The Spi - rit's pow - er shakes the Church of God. _____
 as Christ's new bo - dy takes on flesh and blood. _____



and our de - spair he turned to blaz - ing joy. _____
 as liv - ing mem - bers of a liv - ing Christ. _____ Al - le -
 Bap - tized we live with God the Three in One. _____
 The u - ni - verse re - stored and whole will sing: _____



Final Ending

lu - ia! — Al - le - lu - ia! A - men.

THE GOSPEL

The Holy Gospel of our Savior Jesus Christ according to Matthew.
Glory to you, Lord Christ.

Jesus said to the twelve disciples, “A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

Today's Gospel passage [10:24-39] tells of the challenge of discipleship.

“So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

“Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven.

“Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword.

For I have come to set a man against his father,
and a daughter against her mother,
and a daughter-in-law against her mother-in-law;
and one’s foes will be members of one’s own household.

Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.”

The Gospel of the Lord.

Praise to you, Lord Christ.

Please be seated.

THE SERMON Canon Christina Alvarez

A period of silent reflection follows.

The sermon helps us to reflect on the Scriptures we have heard and to connect them to the Good News present in our lives now.

THE NICENE CREED

Please stand in body or spirit.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father;
through him all things were made.**

**For us and for our salvation
he came down from heaven,
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son
is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Nicene Creed comes to us from the Councils of Nicea (325) and Constantinople (381, where they edited it). It is, therefore, an ancient statement of faith that we hold in common with many Christian denominations. As a statement of belief, that is, of communal trust, we recite it collectively as a prayer, ending with "Amen."

PRAYERS OF THE PEOPLE

O God, remembering especially The Church of South India, we pray for your holy catholic Church;

That we all may be one.

Bless the congregation of St. Alban's, Albany, and grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

We pray for Austin, our bishop, and for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Among those in need, we pray especially for: Peter; Liz and Mike; Bob; Marina; Rick; Charles; Larry; Paul; Daniel; Julia; Eric; Christine; Louise; Jena and family; Jan; Dolores; Sheila; Lucia; Jane; José; Tony; Jose Luis; Joanna, Roanna; all others on our Prayer List; and those we name now ... Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

We commend to your mercy all who have died, remembering especially: Andrew; Maggie; Colleen; Elizabeth; Bessie; Jerry; and those we name now ... Give to the departed eternal rest;

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;

May we also come to share in your heavenly kingdom.

The Celebrant adds a concluding Collect:

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will. By your mercy and love grant us all good things, and help us to respond to your

Among those in need, we continue to hold in prayer: Meredith; Vassar; Chung-Ling; Jackie Ray; Emily; Bill; Justin; Mary; Jerry; Ed; Ed; Anna; Lydia; Anna; Danielle; Roma; Malin; Kathy; Yo; Ted; Kathy; Justin; Tony; Kevin; Scott; Martin; Kalia; Jim; Alberto; John; April; Joan; Sujata; Gordon; Patty; Jamie; Jay.

grace with the commitment of our whole selves to you. For the sake of Jesus Christ our Savior. **Amen.**

CONFESSION OF SIN

Let us confess our sins to God.

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life **Amen.**

THE PEACE

The peace of Christ be always with you.
And also with you.

THE HOLY COMMUNION

OFFERTORY ANTHEM

During the choir's summer break, singers gather at 9:20 a.m. to prepare a simple anthem for the service. All are welcome.

In the Offertory, we offer our lives, labors, and gifts (monetary and those elements of bread and wine to be consecrated) to God's use in the world. We will pass an offertory (collection) plate today to benefit Episcopal Impact Fund. You can also give online at saintmarks.com/give or using the QR Code below.



We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

SANCTUS

LAND OF REST

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

heaven and earth are full of your glo-ry. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho -

The Sanctus, "Holy," is the song of the angels (Isaiah 6 and Rev. 4). It has been an acclamation of the congregation since around the 4th century.



Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Mary, Mary Magdalene, Mark, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.
AMEN.

The Great Amen is the people's consent to and affirmation of the Eucharistic prayer.

THE LORD'S PRAYER

Ambrosian Chant, adapt. Mason Martens

Celebrant
As our Sa - vior Christ has taught us, we now pray,

Celebrant and People
Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in hea - ven.
Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who sin a - gainst us.
Save us from the time of tri - al, and de - liv - er us from e - vil.
For the king - dom, the power, and the glo - ry are yours,
now and for ev - er. A - men.

The Gospels of both Matthew and Luke record Jesus teaching this, commonly called the "Our Father" or the "Lord's Prayer," to his disciples when they asked to learn how to pray.

The Presider breaks the consecrated Bread. A period of silence is kept.



1 O Lamb of God, you bear the sin of all the world a - way;
 2 O Lamb of God, you bear the sin of all the world a - way;
 3 O Lamb of God, you bear the sin of all the world a - way;



you suf-fered death our lives to save: have mer-cy now, we pray.
 you set us free from guilt and grave: have mer-cy now, we pray.
 e - ter-nal peace with God you made: give us your peace, we pray.

POST-COMMUNION PRAYER

Please stand in body or spirit.

Let us pray.

Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.

BLESSING

Live without fear: your Creator has made you holy, has always protected you, and loves you like a mother. Go in peace to follow the good road, and may God's blessing be with you always. **Amen.**

Please be seated.


ANNOUNCEMENTS

All who seek God and are drawn to Christ are welcome at this, Christ's table, to receive the bread and the wine, if desired. Gluten-free wafers are available. In addition to the consecrated bread, wine (or grape juice in the glass chalice) is available to those who wish to receive it. Please drink directly from the cup, guiding it to your mouth, and do not intinct (dip) the bread. Healing prayer is available in St. Nicholas chapel— all are welcome.

A blessing recognizes and asks for God's presence with us.


Please stand in body or spirit.

Descant



Lift high the cross, the love of Christ pro - claim

Refrain




Lift high the cross, the love of Christ pro - claim



till all the world a - dore _____ his sa - cred Name.

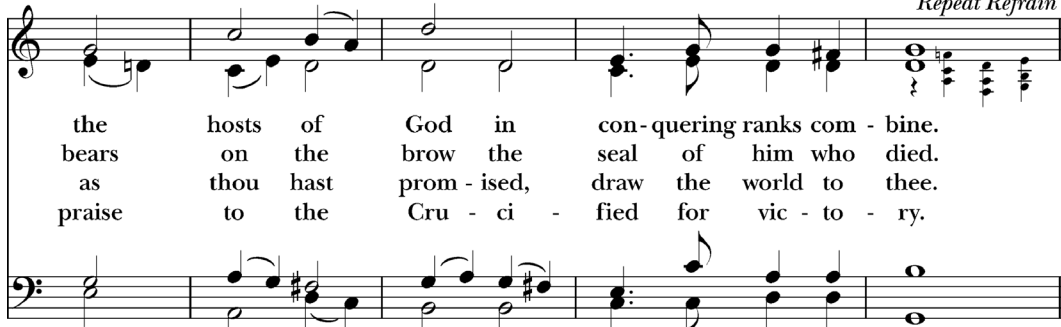


till all the world _____ a - dore _____ his sa - cred Name.



Led on their way by this tri - um - phant sign,
 Each new - born ser - vant of the Cru - ci - fied
 O Lord, once lift - ed on the glo - rious tree,
 So shall our song of tri - umph ev - er be:

Repeat Refrain



the hosts of God in con - quering ranks com - bine.
 bears on the brow the seal of him who died.
 as thou hast prom - ised, draw the world to thee.
 praise to the Cru - ci - fied for vic - to - ry.

DISMISSAL

Let us go forth in the name of Christ.

Thanks be to God.

The dismissal sends us out to do our work in the broader world.

POSTLUDE Passacaglia

Dieterich Buxtehude

SERVING AT THIS SERVICE

ALTAR GUILD: Maritza Frankfurt

FLOWER GUILD: Cindy Price

BREAD BAKER: Anne Vosti

GREETER: Cheryl Miller

LECTORS: Anna Klay, Irene Lawrence

CHALICE BEARERS: David Kennedy, Cheryl Miller, Sigrid Pinsky

TECH VOLUNTEER: Zakir Ahmad

AGAPE HOST: Crystal Larsen

COUNTERS: David Kennedy, Nadine O'Leary

Liturgy is the work of the people. Please prayerfully discern how you might serve, and speak with Reverend Nancy <nancy@saint-marks.com> or Reverend Kirsten <kirsten@saint-marks.com> about which ministry would be a good fit for your gifts.

ST. MARK'S EPISCOPAL CHURCH

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RECTOR: The Rev. Kirsten Snow Spalding

ASSOCIATE RECTOR: The Rev. Nancy Ross

CURATE: The Rev. Debie Thomas

ASSISTING CLERGY: The Rev. Prof. Rebecca Lyman, The Rev. Liz Milner

DIRECTOR OF MUSIC: Matthew Burt

FAMILY MINISTER: Michele Maia

PARISH ADMINISTRATOR: Wenjing Li

SEXTON: Olegário Neves

WARDENS: Tom Jenkins, Stuart Sailer

TREASURER: Susan Pines

