



# THE FIRST SUNDAY AFTER PENTECOST: TRINITY SUNDAY

The Holy Eucharist  
May 31, 2026 - 10 a.m.

*Welcome! We're so glad to have you joining us for worship today.*

ST. MARK'S  
EPISCOPAL  
CHURCH  
PALO ALTO

# Welcome to Saint Mark's

We are a community dedicated to deepening our relationship with God and embodying the Spirit of Christ through faithful expressions of love, service, compassion, and justice.

*All are welcome to join in worship. Assistive listening devices are available—please ask a greeter for more information.*

*Newcomers and visitors are encouraged to fill in a Welcome Card or sign the visitor book, which will be on the welcome table. Please see instructions for receiving Communion on p. 18. **All who seek to draw near to Christ are invited.** Music permissions: OneLicense.net A-714107*

PRELUDE Canzonetta

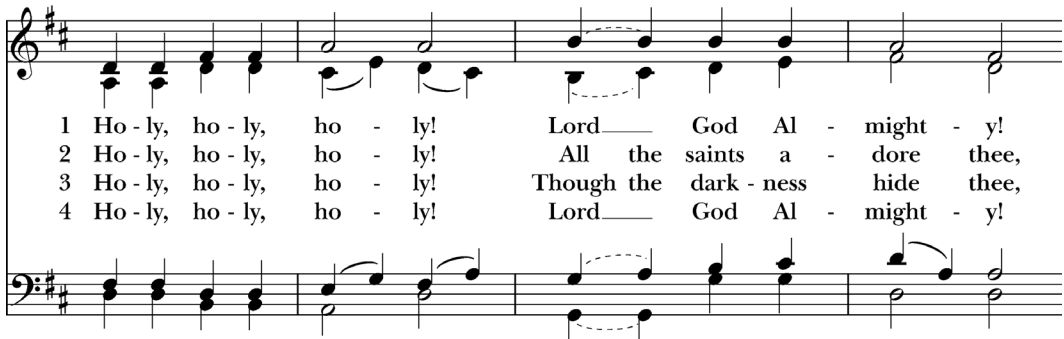
*William Mathias (1934-1992)*

## THE WORD OF GOD

OPENING HYMN 362 Holy, holy, holy! Lord God Almighty

NICAEA

*Please stand in body or spirit.*



1 Ho - ly, ho - ly, ho - ly! Lord — God Al - might - y!  
2 Ho - ly, ho - ly, ho - ly! All the saints a - dore thee,  
3 Ho - ly, ho - ly, ho - ly! Though the dark - ness hide thee,  
4 Ho - ly, ho - ly, ho - ly! Lord — God Al - might - y!



Ear - ly in the morn - ing our song shall rise to thee:  
cast - ing down their gold - en crowns a - round the glass - y sea;  
though the sin - ful hu - man eye thy glo - ry may not see,  
All thy works shall praise thy Name, in earth, and sky, and sea;

Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,  
cher - u - bim and ser - a - phim fall - ing down be - fore thee,  
on - ly thou art ho - ly; there is none be - side thee,  
Ho - ly, ho - ly, ho - ly! Mer - ci - ful and might - y,

God in three Per - sons, bless - ed Trin - i - ty.  
which wert, and art, and ev - er - more shalt be.  
per - fect in power, in love, and pu - ri - ty.  
God in three Per - sons, bless - ed Trin - i - ty.

## OPENING ACCLAMATION

Blessed be the one, holy, and living God.

**Glory to God for ever and ever.**

*Please join in saying the Collect for Purity:*

**Almighty God, to you all hearts are open, all desires known,  
and from you no secrets are hid: Cleanse the thoughts of our  
hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy Name;  
through Christ our Lord. Amen.**

## GLORIA IN EXCELSIS

RATISBON

1. Glo - ry to our bound-less God, who has pro - mised  
 2. Let un - ceas - ing praise and prayer come to you, Lord  
 3. For in you a - lone we find God's true ho - li -

peace on earth. God the Fa - ther, glo - rious, strong,  
 Je - sus Christ, Son of God, in - car - nate Love,  
 ness re - vealed: you a - lone we claim as Lord,

hea - ven's Sove - reign, Lord of all: wor - ship, thanks, and  
 Lamb who takes our sin a - way. Ri - sen and ex -  
 Je - sus Christ, through whom we see God's own full - ness

praise we give when your glo - ry we re - call.  
 al - ted Lord, hear with mer - cy when we pray.  
 ma - ni - fest in the Ho - ly Tri - ni - ty.

The Gloria in excelsis is an ancient song of praise traditionally sung at masses on Sundays and major feasts. This paraphrase is by Carl Daw (b. 1944)

## THE COLLECT OF THE DAY

God be with you.

**And also with you.**

Let us pray.

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. **Amen.**

*Please be seated.*

## A READING FROM THE BOOK OF GENESIS

In the beginning when God created the heavens and the earth, the earth was a formless void and darkness covered the face of the deep, while a wind from God swept over the face of the waters. Then God said, “Let there be light”; and there was light. And God saw that the light was good; and God separated the light from the darkness. God called the light Day, and the darkness he called Night. And there was evening and there was morning, the first day.

And God said, “Let there be a dome in the midst of the waters, and let it separate the waters from the waters.” So God made the dome and separated the waters that were under the dome from the waters that were above the dome. And it was so. God called the dome Sky. And there was evening and there was morning, the second day.

And God said, “Let the waters under the sky be gathered together into one place, and let the dry land appear.” And it was so. God called the dry land Earth, and the waters that were gathered together he called Seas. And God saw that it was good. Then God said, “Let the earth put forth vegetation: plants yielding seed, and fruit trees of every kind on earth that bear fruit with the seed in it.” And it was so. The earth brought forth vegetation: plants yielding seed of every kind, and trees of every kind bearing fruit

The Collect of the Day thematically gathers our prayers and readings for the day.

This passage is the opening of the book of Genesis [1:1—2:4a].

with the seed in it. And God saw that it was good. And there was evening and there was morning, the third day.

And God said, “Let there be lights in the dome of the sky to separate the day from the night; and let them be for signs and for seasons and for days and years, and let them be lights in the dome of the sky to give light upon the earth.” And it was so. God made the two great lights—the greater light to rule the day and the lesser light to rule the night—and the stars. God set them in the dome of the sky to give light upon the earth, to rule over the day and over the night, and to separate the light from the darkness. And God saw that it was good. And there was evening and there was morning, the fourth day.

And God said, “Let the waters bring forth swarms of living creatures, and let birds fly above the earth across the dome of the sky.” So God created the great sea monsters and every living creature that moves, of every kind, with which the waters swarm, and every winged bird of every kind. And God saw that it was good. God blessed them, saying, “Be fruitful and multiply and fill the waters in the seas, and let birds multiply on the earth.” And there was evening and there was morning, the fifth day.

And God said, “Let the earth bring forth living creatures of every kind: cattle and creeping things and wild animals of the earth of every kind.” And it was so. God made the wild animals of the earth of every kind, and the cattle of every kind, and everything that creeps upon the ground of every kind. And God saw that it was good.

Then God said, “Let us make humankind in our image, according to our likeness; and let them have dominion over the fish of the sea, and over the birds of the air, and over the cattle, and over all the wild animals of the earth, and over every creeping thing that creeps upon the earth.”

So God created humankind in his image, in the image of God he created them; male and female he created them.

God blessed them, and God said to them, “Be fruitful and multiply, and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the air and over every living thing that moves upon the earth.” God said, “See, I have given you every plant yielding seed that is upon the face of all the earth, and every tree with seed in its fruit; you shall have them for food. And to every beast of the earth, and to every bird of the air, and to everything that creeps on the earth, everything that has the breath of life, I have given every green plant for food.” And it was so. God saw everything that he had made, and indeed, it was very good. And there was evening and there was morning, the sixth day.

Thus the heavens and the earth were finished, and all their multitude. And on the seventh day God finished the work that he had done, and he rested on the seventh day from all the work that he had done. So God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation.

These are the generations of the heavens and the earth when they were created.

Hear what the Spirit is saying to God’s people.

**Thanks be to God.**

PSALM 8

*arr. after Martin Luther (1483-1546)*



O / God our / Governor, \*  
 how exalted is your / Name in / all the / world!  
 Out of the mouths of / infants . and / children, \*  
 your majesty is / praised a-/bove the / heavens.

The Psalm is sung to Anglican Chant. The / marks in the text correspond to the bar lines in the music, and periods or hyphens (where necessary) indicate a change of chord. The diacritical “ indicates two chords to one syllable, while ✓ signifies an extra breath within the half-verse. You are welcome to sing in unison or harmony.



You have set up a stronghold a-/gainst your / adversaries, \*  
to quell the / ene-my / and the . a-/venger.

When I consider your heavens, the / work of . your / fingers, \*  
the moon and the / stars . you have / set in . their / courses,

What are we that / you should . be / mindful of us, \*  
mere / mortals that . you should / seek us / out?

You have made us but little / lower . than the / angels; \*  
you a-/dorn us . with / glory . and / honor;

You give us dominion over the / works of . your / hands; \*  
you put / all things / under . our / feet:

All / sheep and / oxen, \*  
even the / wild beasts / of the / field,

The birds of the air, the / fish of . the / sea, \*  
and whatsoever / walks . in the / paths of . the / sea.

O / God, our / Governor, \*  
how exalted is your / Name in / all the / world!

#### A READING FROM THE SECOND LETTER OF PAUL TO THE CORINTHIANS

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you.

The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Hear what the Spirit is saying to God's people.

**Thanks be to God.**

Today's epistle (letter) is the conclusion of the second written by Paul to the church in Corinth [13:11-13].

*Please stand in body or spirit.*

1 Moth-er - ing God, you gave me birth in the bright morn - ing  
 2 Moth-er - ing Christ, you took my form, of - fer - ing me your  
 3 Moth-er - ing Spir - it, nur - turing one, in arms of pa - tience

of this world. Cre - a - tor, source of ev - ery  
 food of light, grain of my life, and grape of  
 hold me close, so that in faith I root and

breath, you are my rain, my wind, my sun.  
 love, your ver - y bod - y for my peace.  
 grow un - til I flower, un - til I know.

## THE GOSPEL

The Holy Gospel of our Savior Jesus Christ according to Matthew.  
**Glory to you, Lord Christ.**

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshiped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

The Gospel of the Lord.  
**Praise to you, Lord Christ.**

*Please be seated.*

THE SERMON Lily Dodge

*A period of silent reflection follows.*

THE NICENE CREED

*Please stand in body or spirit.*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**  
**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**  
**For us and for our salvation  
he came down from heaven,**

This is the conclusion of the Gospel written by the evangelist Matthew [28:16-20].

The sermon helps us to reflect on the Scriptures we have heard and to connect them to the Good News present in our lives now.

The Nicene Creed comes to us from the Councils of Nicea (325) and Constantinople (381, where they edited it). It is, therefore, an ancient statement of faith that we hold in common with many Christian denominations. As a statement of belief, that is, of communal trust, we recite it collectively as a prayer, ending with "Amen."

was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory  
to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son  
is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,  
and the life of the world to come. Amen.

#### PRAYERS OF THE PEOPLE

Trusting in the compassion of the Triune God, let us pray for the church, the world, and all who are in need.

Holy God, we are in awe of your creative work. Continue that work in your church, making your people a new creation that proclaims your love, mercy, and justice. We pray for L'Église Anglicane du Rwanda; for Austin, our bishop; for Holy Trinity/La Santissima Trinidad, Richmond, Trinity + St. Peter's, San Francisco, and Trinity, Menlo Park. God of Grace, **hear our prayer.**

Redeemer God, you call us to pray for those in authority, that they will work for peace and justice. Guide our President, Congress, and Supreme Court. Be with our local leaders, and with all who are tasked with governance in our fractured world. Teach us the way of reconciliation, and make us one as you are one.

God of grace, **hear our prayer.**

Creator God, nature reveals your power and glory. We pray that you will renew the earth, its endangered ecosystems, and all its inhabitants by the light of your healing love. Be with those bearing the brunt of climate catastrophe, and embolden us to be faithful stewards of our wounded planet. God of grace, **hear our prayer.**

Sustaining God, you are mindful of your people in every circumstance. We pray for those who are hungry, thirsty, lonely, and unhoused. We lift up the incarcerated, the trafficked, and all who are facing deportation. We pray for areas around the world ravaged by violence, war, and disease, remembering especially those who are suffering as a result of the Ebola outbreak in the Democratic Republic of Congo. God of grace, **hear our prayer.**

Loving God, we pray for this community of faith. Strengthen our families, friends, classmates, and colleagues. We lift up the infants, children, teens, and young adults in our midst, and ask your blessing on our elders. We pray especially for Peter; Liz and Mike; Bob; Marina; Rick; Charles; Larry; Paul; Daniel; Julia; Eric; Christine; Louise; Jena and family; Jan; Dolores; Bill and the Wootton family; Sheila; Lucia; Jane; José; Tony; Jose Luis; all others on our Prayer List; and those we name now ...

God of grace, **hear our prayer.**

Eternal God, we remember those who have gone before us in death. Welcome them into your loving presence, be close to those who mourn, and grant us the promise of eternal life. We pray especially for Amin Abdullah, Mansour Kaziha, and Nadir Awad (those killed at the San Diego Islamic Center); Andrew; Maggie; Colleen; and those we name now...

God of grace, **hear our prayer.**

*The Celebrant adds a concluding Collect:*

God of grace, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are ever forgiving and redeeming, O lover of souls, and to you we give glory, Father/Mother, Son, and Holy Spirit, now and for ever. **Amen.**

Among those in need, we continue to hold in prayer: Meredith; Vassar; Chung-Ling; Jackie Ray; Emily; Bill; Justin; Mary; Jerry; Ed; Ed; Anna; Lydia; Anna; Danielle; Roma; Malin; Kathy; Yo; Joanna; Ted; Kathy; Justin; Tony; Kevin; Scott; Martin; Kalia; Jim; Alberto; John; April; Joan; Sujata; Gordon; Patty; Jamie; Jay.

## CONFESSION OF SIN

Let us confess our sins to God.

**God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.  
Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life **Amen.**

## THE PEACE

The peace of Christ be always with you.  
**And also with you.**

## THE HOLY COMMUNION

OFFERTORY ANTHEM As truly as God is our Father *William Mathias*

As truly as God is our Father, so just as truly is he our Mother. In our Father, God Almighty, we have our being; in our merciful Mother we are remade and restored. Our fragmented lives are knit together. And by giving and yielding ourselves, through grace, to the Holy Spirit we are made whole. It is I, the strength and goodness of Fatherhood. It is I, the wisdom of Motherhood. It is I, the light and grace of holy love. It is I, the Trinity. I am the sovereign goodness in all things. It is I who teach you to love. It is I who teach you to desire. It is I who am the reward of all true desiring. All shall be well, and all manner of thing shall be well. Amen.

*Julian of Norwich (1342-1416)*

In the Offertory, we offer our lives, labors, and gifts (monetary and those elements of bread and wine to be consecrated) to God's use in the world. We will not pass an offertory (collection) plate today. Please drop your donations in the plate on your way in or out. All cash or undesignated checks will benefit outreach. You can also give online at [saint-marks.com/give](http://saint-marks.com/give) or using the QR Code below.





We praise you and we bless you, holy and gracious God, source of life abundant. From before time you made ready the creation Your Spirit moved over the deep and brought all things into being: sun, moon, and stars; earth, winds, and waters; and every living thing. You made us in your image, and taught us to walk in your ways. But we rebelled against you, and wandered far away; and yet, as a mother cares for her children, you would not forget us. Time and again you called us to live in the fullness of your love.

And so this day we join with Saints and Angels in the chorus of praise that rings through eternity, lifting our voices to magnify you as we sing:

SANCTUS

LAND OF REST

Ho - ly, ho - ly, ho - ly Lord, God of power and might,

heaven and earth are full of your glo-ry. Ho - san - na in the high - est.

Bless - ed is he who comes in the name of the Lord. Ho -

The Sanctus, "Holy," is the song of the angels (Isaiah 6 and Rev. 4). It has been an acclamation of the congregation since around the 4th century.



Glory and honor and praise to you, holy and living God. To deliver us from the power of sin and death and to reveal the riches of your grace, you looked with favor upon Mary, your willing servant, that she might conceive and bear a son, Jesus the holy child of God. Living among us, Jesus loved us. He broke bread with outcasts and sinners, healed the sick, and proclaimed good news to the poor. He yearned to draw all the world to himself yet we were heedless of his call to walk in love. Then, the time came for him to complete upon the cross the sacrifice of his life, and to be glorified by you.

On the night before he died for us, Jesus was at table with his friends. He took bread, gave thanks to you, broke it, and gave it to them, and said: "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine. Again, he gave thanks to you, gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Now gathered at your table, O God of all creation, and remembering Christ, crucified and risen, who was and is and is to come, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice.

Pour out your Spirit upon these gifts that they may be the Body and Blood of Christ. Breathe your Spirit over the whole earth and make us your new creation, the Body of Christ given for the world you have made.

In the fullness of time bring us, with Mary, Mary Magdalene, Mark, and all your saints, from every tribe and language and people and nation, to feast at the banquet prepared from the foundation of the world.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever.  
**AMEN.**

The Great Amen is the people's consent to and affirmation of the Eucharistic prayer.

## THE LORD'S PRAYER

*Ambrosian Chant, adapt. Mason Martens*

*Celebrant*



As our Sa - vior Christ has taught us, we now pray,

*Celebrant and People*



Our Fa - ther in hea - ven, hal - lowed be your Name,



your king - dom come, your will be done, on earth as in hea - ven.



Give us to - day our dai - ly bread.



For - give us our sins as we for - give those who sin a - gainst us.



Save us from the time of tri - al, and de - liv - er us from e - vil.



For the king - dom, the power, and the glo - ry are yours,



now and for ev - er. A - men.

The Gospels of both Matthew and Luke record Jesus teaching this, commonly called the "Our Father" or the "Lord's Prayer," to his disciples when they asked to learn how to pray.

*The Presider breaks the consecrated Bread. A period of silence is kept.*



1 O Lamb of God, you bear the sin of all the world a - way;  
 2 O Lamb of God, you bear the sin of all the world a - way;  
 3 O Lamb of God, you bear the sin of all the world a - way;



you suf-fered death our lives to save: have mer-cy now, we pray.  
 you set us free from guilt and grave: have mer-cy now, we pray.  
 e - ter-nal peace with God you made: give us your peace, we pray.

#### POST-COMMUNION PRAYER

*Please stand in body or spirit.*

Let us pray.

**Loving God, we give you thanks for restoring us in your image and nourishing us with spiritual food in the Sacrament of Christ's Body and Blood. Now send us forth a people, forgiven, healed, renewed; that we may proclaim your love to the world and continue in the risen life of Christ our Savior. Amen.**

#### BLESSING

The Lord bless you and keep you. **Amen.**

The Lord make his face to shine upon you, and be gracious to you. **Amen.**

The Lord lift up his countenance upon you, and give you peace. **Amen.**

May God the Holy Trinity make you strong in faith and love, defend you on every side, and guide you in truth and peace; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

All who seek God and are drawn to Christ are **welcome** at this, Christ's table, to receive the bread and the wine, if desired. Gluten-free wafers are available. In addition to the consecrated bread, wine (or grape juice in the glass chalice) is available to those who wish to receive it. Please drink directly from the cup, guiding it to your mouth, and do not intinct (dip) the bread.

Healing prayer is available in St. Nicholas chapel— all are welcome.

This Post- (after) Communion prayer offers thanks to God for the gifts we have received in the Eucharist, and requests of God that we may fully live as the Body of Christ which we are.

A blessing recognizes and asks for God's presence with us.

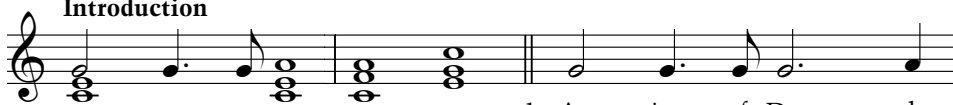
*Please be seated.*

ANNOUNCEMENTS

CLOSING HYMN Ancient of Days, who sittest throned in glory ALBANY

*Please stand in body or spirit.*

**Introduction**



- 1 An - cient of Days, who
- 2 O ho - ly Fa - ther,
- 3 O ho - ly Je - sus,
- 4 O Ho - ly Ghost, the
- 5 O Tri - une God, with



sit - test throned in glo - ry, to thee all knees are  
who hast led thy chil - dren in all the a - ges  
Prince of Peace and Sa - vior, to thee we owe the  
Lord and the Life - giv - er, thine is the quick - ening  
heart and voice a - dor - ing, praise we the good - ness



bent, all voic - es pray; thy love has blessed the  
with the fire and cloud, through seas dry - shod, through  
peace that shall pre - vail, still - ing the rude wills  
power that gives in - crease: from thee have flowed, as  
that doth crown our days; pray we that thou wilt



wide world's won - drous sto - ry  
wea - ry wastes be - wil - dering,  
of our wild be - ha - vior,  
from a migh - ty riv - er,  
hear us, still im - plor - ing



with light and life since E - den's dawn - ing day.  
to thee in rev - erent love our hearts are bowed.  
and calm - ing pas - sion's fierce and storm - y gale.  
our faith and hope, our fel - low - ship and peace.  
thy love and fa - vor, kept to us al - ways.

DISMISSAL

Let us go forth in the name of Christ.

**Thanks be to God.**

POSTLUDE Alla Marcia

*John Ireland (1879-1962)*

## SERVING AT THIS SERVICE

ALTAR GUILD: Shin-Mee Chang

FLOWER GUILD: Cheryl Miller

BREAD BAKER: Anne Vosti

GREETERS: Anne Callahan, Cheryl Miller

LECTORS: Paul Milo, Katie Fantin

CHALICE BEARERS: Cheryl Miller, Sigrid Pinsky

TECH VOLUNTEER: C.O. Lee Boyce, Jr.

COUNTERS: Bruce Anderson, Peter Kidder

*Liturgy is the work of the people. Please prayerfully discern how you might serve, and speak with Reverend Nancy <nancy@saint-marks.com> or Reverend Kirsten <kirsten@saint-marks.com> about which ministry would be a good fit for your gifts.*

## ST. MARK'S EPISCOPAL CHURCH

600 Colorado Ave • Palo Alto, CA 94306

saint-marks.com | 650.326.3800

RECTOR: The Rev. Kirsten Snow Spalding

ASSOCIATE RECTOR: The Rev. Nancy Ross

DEACON: The Rev. Debie Thomas

DIRECTOR OF MUSIC: Matthew Burt

CHILDREN AND YOUTH MINISTER: Lily Dodge

ASSISTING CLERGY: The Rev. Prof. Rebecca Lyman, The Rev. Liz Milner

PARISH ADMINISTRATOR: Wenjing Li

SEXTON: Olegário Neves

WARDENS: Jonathan Luk, Tom Jenkins, and Cheryl Miller

TREASURER: Susan Pines