


Behold, I am doing a new thing;
now it springs forth, do you not perceive it?

ADVENT 2023



SUN	MON	TUE	WED	THU	FRI	SAT
3 Have a conversation about something you want to “add” to your life during Advent	4 Read and talk about Luke 1:26-56 together	5 Go for a walk outside and notice three beautiful things	6 Light a candle and watch the flame quietly for at least one minute	7 Learn something new about Advent traditions in the Episcopal church	8 Read a book out loud together	9 Make a holiday card for someone who is lonely
10 Come to church at 9:45 to practice and play handbells!	11 Read and talk about Luke 2:1-21 together	12 Go for a walk outside and step on some crunchy leaves	13 Write or say a prayer together that starts “God, we hope...”	14 Listen to and talk about a Christmas song together	15 Cook dinner or make dessert together	16 Buy a present for someone (check out toy drives & giving trees!)
17 Come to church at 9:45 to practice and play handbells!	18 Read and talk about Isaiah 43:16-21 together	19 Go for a walk outside and invite God to walk with you	20 Choose a treat you don’t normally have and enjoy it (try ‘mindful eating’)	21 List three things you are grateful for today	22 Play a game together	23 Clean an area of your house, car, or bedroom
24 Write or say a prayer that starts “God, here I am...”	25 IT'S CHRISTMAS! 	<p>Advent can be thought of as a ‘sister season’ to Lent - also a season of contemplation and preparation, where we do our best to get ready for the joy of Jesus’s arrival. Of course, the mystery and magic is that Christ’s joy is always already here with us, even as we wait in hopeful anticipation for it.</p> <p>This Advent calendar is designed to help busy families find moments of peace and connection during this season. Many of the activities were brainstormed by the children of St. Mark’s as they thought about what they wanted to “add” to their lives during Advent.</p> <p>Try checking off these activities together in the evening, or, if these don’t work for your family, check in with your children about what faithful practices can help them be part of God’s big story of hope, love, and renewal during Advent.</p>				